

OVERALL POSITION	FIRST NAME	SURNAME	CLUB	RACE NUMBER	GENDER	GENDER POSITION	CATEGORY	CATEGORY POSITION	GUN TIME
1	Alex	Cowin	Penny Lane Striders	172	Male	1	MV40	1	03:01:48
2	Roger	Prudon		195	Male	2	MOPEN	1	03:06:23
3	Warren	Langler-Watts	100 Marathon Club	218	Male	3	MV50	1	03:09:57
4	Simon	Fawcett		174	Male	4	MV40	2	03:14:54
5	Darren	Jenness	100 Marathon Club	203	Male	5	MV50	2	03:19:19
6	Dan	Edwards	Chorley Athletic & Triathlon Club	7	Male	6	MV40	3	03:23:04
7	Mary	Heald	Lancaster & Morecambe AC	217	Female	1	FOPEN	1	03:31:16
8	Andy	Wilkin		200	Male	7	MOPEN	2	03:32:06
9	Ashley	Fryer	Tri-Lakeland	216	Male	8	MOPEN	3	03:33:26
10	Robin	Boon	Guildford & Godalming AC	142	Male	9	MV50	3	03:33:41
11	Mike	Simon		207	Male	10	MV50	4	03:35:24
12	Dave	Edwards		15	Male	11	MV50	5	03:36:11
13	Kaylum	Storey		107	Male	12	MOPEN	4	03:44:50
14	James	Urquhart		202	Male	13	MOPEN	5	03:45:35
15	Gary	O'Brien	Liverpool Running Bugs	201	Male	14	MV50	6	03:46:20
16	Andrew	Miles		206	Male	15	MOPEN	6	03:48:00
17	Jon	Gardiner		155	Male	16	MV40	4	03:48:29
18	Wayne	Leighton	Driffield Striders	157	Male	17	MV40	5	03:50:07
19	Duane	Roberts		37	Male	18	MV60	1	03:50:33
20	Nick	Hayes		94	Male	19	MV50	7	03:51:00
21	Sam	Castle		190	Male	20	MOPEN	7	03:51:15
22	Lucy	Dearing		209	Female	2	FV40	1	03:51:22
23	Russell	Beswick	Motherwell AC	65	Male	21	MV40	6	03:51:39
24	Wayne	Wideman	Kippax Harriers	137	Male	22	MV40	7	03:51:49
25	Karl	Wideman	Ivanhoe Runners	143	Male	23	MV40	8	03:51:51
26	Phillip	Caldwell		38	Male	24	MV40	9	03:52:52
27	Gareth	Winter		117	Male	25	MOPEN	8	03:52:55
28	Jamie	Steel		169	Male	26	MOPEN	9	03:53:30
29	Viktoria	Gudyma		167	Female	3	FOPEN	2	03:53:47
30	Ian	Warrington	Bury AC	180	Male	27	MOPEN	10	03:54:21
31	Luke	O'Hara		106	Male	28	MOPEN	11	03:55:05
32	Richard	Wood	Linlithgow AAC	6	Male	29	MV50	8	03:55:29
33	Sam	Green	Ambleside AC	170	Male	30	MOPEN	12	03:55:58
34	Huw	Crosweller	Stratford Upon Avon AC	79	Male	31	MV40	10	03:59:08
35	Matthew	Curtis		148	Male	32	MV40	11	04:00:21
36	Shea	Mcerlean		147	Male	33	MV60	2	04:01:48
37	Matthew	Haworth	Trawden AC	129	Male	34	MV40	12	04:01:49

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38	Christopher	Hunter		104	Male	35	MOPEN	13	04:04:03
39	Robert	Withers		162	Male	36	MOPEN	14	04:04:20
40	Iain	Armstrong		27	Male	37	MV50	9	04:04:22
41	Paul	Jackson	Dark Peak Fell Runners	116	Male	38	MV40	13	04:04:35
42	Andrew	Presho		130	Male	39	MOPEN	15	04:05:40
43	Nicola	Shaw		186	Female	4	FV50	1	04:06:16
44	Jennifer	Anton-Hey		136	Female	5	FOPEN	3	04:07:23
45	Andy	Newham	Lincoln & District Runners	24	Male	40	MV50	10	04:09:45
46	Richard	Heslop	Prudhoe Plodders Running Club	25	Male	41	MV40	14	04:12:29
47	Philippa	Cass	Tadley Runners	85	Female	6	FV40	2	04:12:41
48	Andy	Cartridge		73	Male	42	MOPEN	16	04:12:52
49	Ed	Hargreaves	Lonely Goat Running Club	92	Male	43	MV50	11	04:13:10
50	Stuart	Pickford	100 Marathon Club	181	Male	44	MV60	3	04:14:41
51	James	Turnbull		194	Male	45	MOPEN	17	04:14:53
52	Ian	Pike		121	Male	46	MV50	12	04:15:36
53	Mark	Burberry	Diamond Runners	145	Male	47	MV50	13	04:17:12
54	Steve	Martin		68	Male	48	MV40	15	04:17:46
55	Iain	Watson	Red Rose Runners	158	Male	49	MV40	16	04:18:28
56	John	Yates		187	Male	50	MV40	17	04:19:22
57	Ian	Mcdougall		214	Male	51	MV50	14	04:22:16
58	Claire	Harrison		124	Female	7	FV40	3	04:22:28
59	Graham	Driver	Spectrum Striders	93	Male	52	MV50	15	04:22:52
60	Neil	Phillips		171	Male	53	MV60	4	04:23:37
61	Gareth	Pratt	Lostock AC	123	Male	54	MV50	16	04:25:01
62	Fliss	Milner	Howgill Harriers	151	Female	8	FV50	2	04:25:35
63	Tracy	Philp	Portobello Running Club	102	Female	9	FV50	3	04:27:44
64	Hannah	Wilson	Jesmond Joggers	193	Female	10	FOPEN	4	04:28:44
65	Stuart	Allan		182	Male	55	MV50	17	04:29:24
66	Malcolm	Collins	Leigh Harriers	153	Male	56	MV50	18	04:31:47
67	Ben	Wallace		112	Male	57	MOPEN	18	04:32:08
68	Fiona	Cameron		125	Female	11	FOPEN	5	04:32:18
69	Alice	Taylor-Bennett		29	Female	12	FOPEN	6	04:32:18
70	Daniel	Jemmett		163	Male	58	MV50	19	04:33:41
71	Kinga	Wallace		122	Female	13	FOPEN	7	04:34:33
72	Ben	Walker	Slathwaite Striders	31	Male	59	MOPEN	19	04:36:38
73	Brian	Cumpsty	Thornton Cleveleys Running Club	18	Male	60	MV50	20	04:36:44
74	James	O'Hara	Helsby Running Club	138	Male	61	MV40	18	04:37:53

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75	Chris	Rowland		134	Male	62	MV40	19	04:38:53
76	Terry	Hindson	Redcar Running Club	205	Male	63	MV60	5	04:40:43
77	James	Holden	Salford Lads Club	34	Male	64	MV40	20	04:41:12
78	James	Dickson		66	Male	65	MOPEN	20	04:41:23
79	Aaron	Wilson		95	Male	66	MV40	21	04:42:23
80	Thom	Stephens	Almost Athletes	44	Male	67	MOPEN	21	04:42:34
81	Nader	Farhead		126	Male	68	MOPEN	22	04:43:22
82	Owen	Lewis		131	Male	69	MV40	22	04:43:47
83	Rachel	Ong	Marlow Striders	103	Female	14	FOPEN	8	04:43:49
84	Stuart	Harris		16	Male	70	MV40	23	04:44:49
85	Jack	Minshull		47	Male	71	MOPEN	23	04:46:20
86	Neil	Stone	Redway Runners	72	Male	72	MV50	21	04:47:22
87	Tony	Hayes		210	Male	73	MV40	24	04:47:48
88	Robert	Pattison		35	Male	74	MV40	25	04:47:55
89	Paul	Gray	North East Marathon Club	62	Male	75	MV50	22	04:49:22
90	Martin	Southworth		154	Male	76	MV40	26	04:50:22
91	Luke	Haberfield		49	Male	77	MOPEN	24	04:51:25
92	Anja	Coulthard	Keswick AC	198	Female	15	FV40	4	04:53:49
93	Charlene	Bennett	Desborough & Rothwell Running Club	161	Female	16	FOPEN	9	04:53:51
94	Charlotte	Bacon	Desborough & Rothwell Running Club	69	Female	17	FV40	5	04:53:51
95	Rory	Dahouchi		78	Male	78	MOPEN	25	04:53:54
96	Bernhard	Gruendler		59	Male	79	MV40	27	04:54:13
97	Mark	Blewitt	Bowland Fell Runners	164	Male	80	MV50	23	04:54:16
98	Michael	Thompson	Quakers Running Club	160	Male	81	MV50	24	04:55:32
99	Robert	Starzycki		184	Male	82	MV40	28	04:56:33
100	Leanne	Jackson		179	Female	18	FV40	6	04:56:36
101	Lorcan	Mooney		150	Male	83	MOPEN	26	04:56:40
102	Friedrich	Holder		146	Male	84	MV40	29	04:57:03
103	Paul	Mcavinue		144	Male	85	MV40	30	04:57:04
104	Gareth	Boyle		50	Male	86	MOPEN	27	04:57:36
105	David	Mason		80	Male	87	MV40	31	04:58:54
106	Mark	Milner		81	Male	88	MV60	6	05:00:24
107	Darroch	Bagshaw		215	Male	89	MV40	32	05:04:14
108	Gary	Cattermole		105	Male	90	MV50	25	05:08:23
109	Louise	Baum		213	Female	19	FV40	7	05:12:18
110	Ian	Spriggs	100 Marathon Club	3	Male	91	MV50	26	05:12:21
111	Ann	Shellard	Wigton Road Runners	76	Female	20	FV50	4	05:12:51

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112	Lee	Richards		42	Male	92	MV50	27	05:13:40
113	Patrick	Ward		46	Male	93	MV40	33	05:13:40
114	Matthew	Simpson		189	Male	94	MV40	34	05:13:41
115	Steven	Miles	Lonely Goat Running Club	111	Male	95	MV40	35	05:14:29
116	Rachael	Ridley		135	Female	21	FV40	8	05:15:38
117	Rebecca	Allan		173	Female	22	FOPEN	10	05:16:50
118	Adam	Lowe	100 Marathon Club	56	Male	96	MV50	28	05:18:36
119	Frances	Shotton		48	Female	23	FV40	9	05:24:22
120	Lucie	Kelly	Achille Ratti Climbing Club	208	Female	24	FV40	10	05:24:59
121	Nathan	Swarbrick		109	Male	97	MOPEN	28	05:25:30
122	Elizabeth	Tunna	100 Marathon Club	204	Female	25	FOPEN	11	05:25:30
123	Julian	Pollard		67	Male	98	MV50	29	05:26:04
124	Claire	Gray	North East Marathon Club	63	Female	26	FV50	5	05:26:27
125	Andrew	Russell	Helm Hill Runners	212	Male	99	MV50	30	05:28:08
126	Philip	Grace	Lonely Goat Running Club	175	Male	100	MV50	31	05:31:54
127	Janet	Hill	Ludlow Runners	127	Female	27	FV60	1	05:36:00
128	Graham	Dewar	100 Marathon Club	197	Male	101	MV50	32	05:37:25
129	Diane	Morris	Eye Community Runners	8	Female	28	FV50	6	05:37:25
130	Luke	Irving		61	Male	102	MOPEN	29	05:40:12
131	Jonathan	Clements	100 Marathon Club	156	Male	103	MV50	33	05:42:29
132	Christopher	Ridgers		23	Male	104	MOPEN	30	05:42:50
133	David	Lockwood		28	Male	105	MV50	34	05:52:32
134	Bill	Haley	Lonsdale Fell Runners	99	Male	106	MV50	35	05:58:36
135	Phil	Cummins		139	Male	107	MV50	36	05:58:37
136	Paul	Houlding		185	Male	108	MV50	37	05:58:37
137	David	Bichler	Lauf n Sauf	58	Male	109	MV40	36	06:04:12
138	Matt	Holloway		30	Male	110	MV40	37	06:13:16
139	Kerrie	Gosling		12	Female	29	FV40	11	06:14:29
140	Mark	Connors		119	Male	111	MV50	38	06:27:00
141	Alin Constantin	Tise		199	Male	112	MOPEN	31	06:33:23
DNF	David	Kouvarellis		17	Male	DNF	MV50	DNF	DNF
DNF	David	Rothnie		165	Male	DNF	MV50	DNF	DNF
DNF	Ian	Gaunt		177	Male	DNF	MV40	DNF	DNF